

A stylized sun in the top right corner and several white clouds of various shapes in the top left and center, set against a blue background with a subtle geometric pattern.

# El Nido Family Centers

87 Years Empowering LA's Disadvantaged



# A Few Facts About LA County

- 275,280 families living below the federal poverty level (2010)
- Over 157,000 new reports of child abuse and neglect (2009)
- 10,681 children entered foster care (2009)
- 13,209 teen moms had children (2009)
- 43,014 cases of domestic violence reported to the police (2009)
- 296,694 crimes reported to the police (2009)
- 38,974 gang members (LA city 2005)
- 61,460 adults on probation (2006)

# What We Do

- Enable more than 15,000 disadvantaged young people in LA County each year to
  - Stay in school
  - Stay out of gangs
  - Stay out of trouble
  - Be good parents
  - Have healthy children
  - Develop leadership skills
  - Increase family income
  - Reduce child abuse





# A Story

- Luanne was referred to El Nido by her school nurse. She was 17 years old, not going to school, failing all her classes and had no friends.
- She began receiving counseling. Once she developed a relationship with the counselor and felt safe, she revealed that ten years earlier she was sexually abused by a family member. This was the first time she had disclosed this to anyone.
- A case was immediately opened with the Department of Children and Family Services and the abuser was criminally charged. Luanne was referred to one of our licensed clinical therapists to begin specialized treatment addressing sexual abuse. After weeks of intensive individual and shared treatment with her mother, Luanne was able to explore and process her experiences.
- Now Luanne is attending school daily, making friends and is expected to graduate high school soon. Her goal is to attend a local community college and become a nurse. Both Luanne and her mother say that El Nido has changed their lives.



# Great Outcomes

- **More than 60% of our teen moms stay in school vs. under 40% without our program**
- **Repeat birth rate while in their teens for clients <5% vs. national average of >20%**
- **Premature birth rates <4% vs. LA County average of 11%**
- **Our Family Source Center exceeded goals for increases in Family Income (350 families in a year)**
- **93% of families in our Child Abuse Prevention program report improved family functioning**
- **75% of children in our Child Abuse Treatment program report higher academic achievement**
- **95% of our Father Read/Mother Read parents increased time reading to their children and have more books in the home**

# What Experts Say About Us

- Los Angeles City Staff review of our Family Source Center: “All goals exceeded,” “Opportunities for Improvement/Areas of Concern: None”
- “Based on El Nido’s exemplary performance thus far, there is no reason to doubt that their involvement in providing gang prevention services in Foothill would be a success.”  
- Former LA Police Chief William Bratton



# How Efficiently We Do It

- 87% of expenses are for programs  
(Administration plus fund raising: 13%)
- Annual audits passed very cleanly
- We have never used our line of credit
- For at least the last 10 years we have ended with a surplus



# ROI\* for Society (Taxpayer)

or “An ounce of prevention...”

- Each criminal gang member costs society \$2 million
  - Our gang prevention program works yearly with 200 youth on the verge of joining gangs at a cost of \$1 million.
  - One youth not joining a gang pays for the program and produces 100% ROI. (If average participation is 2 years, it takes 2 youths)
- Each teen birth costs LA County taxpayers over \$20,000
  - Our reduction in repeat teen births saves roughly \$3 million yearly
- The average premature baby costs \$40,000 more during the first year of life than a full term baby.
  - Our visiting nurse program lowers the rate of preemies, recouping its cost and providing additional long term health benefits

\* Return on Investment





# Why Your Help Is Important

- Our government grants generally require some form of matching funds
- Grants do not cover all the evaluation and assessment that is critical to ensure ongoing program excellence
- Many of our clients' needs are not covered by grant funding
- Our staff has many ideas for important service enhancements
- For more info: <http://elnidofamilycenters.org>





**Details Follow**



# Vision & Mission

## ○ Vision

- Healthy families and communities that provide the resources and support for all young people to attain their full potential.

## ○ Mission

- Empower families in low-income communities of Los Angeles County to break the cycle of poverty, child abuse, violence, academic failure, and teen pregnancy through outstanding educational, youth development, health and therapeutic services.



# Whom We Serve

- Over 15,000 disadvantaged clients and their immediate family members each year in South Los Angeles, Inglewood, Compton, Carson, the San Fernando Valley, and the Antelope Valley. Hundreds of thousands assisted since inception.



# Budget, Staff, Locations

## (2012 -2013 fiscal year)

- **Budget**
  - Approximately \$10 million
- **Staff**
  - Approximately 160
  - Mainly Social Workers and Therapists
- **Locations**
  - Five sites (in Mission Hills, Pacoima, Compton, South Los Angeles, Inglewood)



# Core Competencies

- Parent Education
- Youth Development
- Case Work
- Counseling



# Our Program Areas

- Child abuse prevention and treatment
- Parent education and family development
- Teen parent and infant development
- Delinquency prevention and youth development

# Key Programs & Sponsors

- Gang Prevention
  - Early Head Start
  - Family Source Center (1 stop shop for services)
  - Cal Learn (keep teen moms in school)
  - Adolescent Family Life
  - Youth Development
  - Child Abuse Prevention and Treatment
  - Job Preparation
  - Financial literacy
  - Visiting Nurse
- City of LA  
Fed Government  
City of LA  
LA County  
State with Fed Funds  
El Nido, City of Compton  
County of LA  
Edelstein Foundation  
Wells Fargo, Citibank  
County of LA, foundations

\* Recently cancelled due to funding situation





# Volunteer Opportunities

- Event planning
- Tutoring
- Writing workshop
- Entrepreneurship training
- Teaching classes (e.g. photography)
- Serving on a committee
- Serving on the board

# Sources

## ○ LA County Facts

- Reports of abuse: DCSF – Los Angeles County Department of Children and Family Services ([http://www.lacdcfs.org/aboutus/fact\\_sheet/DRS/December2009/Referral.htm](http://www.lacdcfs.org/aboutus/fact_sheet/DRS/December2009/Referral.htm))
- Gang membership: Los Angeles Almanac (<http://www.laalmanac.com/crime/cr03v.htm>)
- All others: Healthy City (<http://www.healthycity.org/>)

## ○ Great Outcomes

- Percent of teen moms in school: “Why it Matters – Teen Pregnancy and Education,” March 2010, The National Campaign to Prevent Teen Pregnancy ([www.thenationalcampaign.org/why-it-matters/pdf/education.pdf](http://www.thenationalcampaign.org/why-it-matters/pdf/education.pdf))
- Repeat birth rate for teens: : “Science Says 38- Say What?,” The National Campaign to Prevent Teen and Unplanned Pregnancies, December 2008 ( [www.thenationalcampaign.org/resources/pdf/SS/SS38\\_SayWhat.pdf](http://www.thenationalcampaign.org/resources/pdf/SS/SS38_SayWhat.pdf))
- LA County premature birth rate: : California Department of Public Health, Center for Health Statistics, OHIR Vital Statistics Section, 1997-2006 (<http://www.publichealth.lacounty.gov/mch/rep/LACPerinatalIndicatorFactsheet.pdf>)

## ○ ROI for Society

- Cost to society of criminal gang member: J.C. Howell. “The Impact of Gangs on Communities.” Office of Juvenile Justice and Delinquency Prevention. *National Youth Gang Center Bulletin*. August, 2006. (<http://www.nationalgangcenter.gov/Content/Documents/Impact-of-Gangs-on-Communities.pdf>)
- Teen birth cost to taxpayers: : “Teen Births & Costs by California Counties (2009 Data),” Public Health Institute, January 2011 (<http://teenbirths.phi.org/CountyTable2009Data.pdf>)
- First year health costs of premature and full term babies: E. Landau. “Study: Average preemie costs \$49,000 in first year.” CNN. March 17, 2009. ([http://articles.cnn.com/2009-03-17/health/premature.babies\\_1\\_premature-babies-low-birth-weight-baby-pregnancy-and-baby-health?\\_s=PM:HEALTH](http://articles.cnn.com/2009-03-17/health/premature.babies_1_premature-babies-low-birth-weight-baby-pregnancy-and-baby-health?_s=PM:HEALTH))